

## Gwent RSE Model policy

### Appendix 3: Resources and Services to Support RSE

*The views and opinions included within these external internet addresses do not necessarily mirror the views or opinions of Caerphilly County Borough LA. It is not the responsibility of Caerphilly County Borough LA to advise, monitor or be liable for the content of these external internet addresses. Use of any information obtained from such address is voluntary, and reliance on it should only be undertaken after an independent review of its accuracy, completeness and suitability for the intended audience.*

<b>Resources &amp; Services</b>	<b>Details</b>
<p><b><u>ABUHB Sexual and Reproductive Health</u></b> 01495 765065 B / I</p>	For contraception and sexual health issues.
<p><b><u>Agenda</u></b> B / In / R / S / T</p>	A young people's guide to making positive relationships matter.
<p><b>Blackwood Basement</b> 01495 235511 / @youth4u1 I / In / R / S / T / W</p>	Information drop-in centre open to all 11-25 years olds providing support and advocacy.
<p><b><u>Bloody Brilliant</u></b> B / I / In / R / S</p>	Supportive information around menstruation and advice for learners and parents.
<p><b><u>Brook Learn</u></b>  I / R / S / T / W</p>	A range of high-quality, self-directed and mostly free-to-access courses to empower, support and encourage you to deliver effective relationships and sexuality education (RSE).
<p><b><u>EAS RSE Toolkit</u></b>  R / S / T</p>	A regional toolkit, created by practitioners, to support schools in planning an effective whole school approach to Relationships and Sexuality Education.
<p><b><u>Growing Up Resource</u></b> B / R / S / T / W</p>	Resource to support the delivery of RSE. This can only be accessed through HWB.
<p><b><u>Gwent Safeguarding</u></b> B / I / In / R / S</p>	Safeguarding adults and children in Gwent.

<p><b><u>Frisky Wales</u></b> B / I / R</p>	<p>NHS Wales Sexual Health Website.</p>
<p><b><u>Just a joke</u></b> R / S</p>	<p>Teaching toolkits to support schools understand, prevent and respond to online sexual harassment. The toolkits includes classroom resources and guidance (Age 9-12)</p>
<p><b><u>Mermaids UK</u></b> I / In / S / T</p>	<p>Providing help for gender diverse kids, young people, and their families.</p>
<p><b><u>NSPCC Learning</u></b> I / R / S / T</p>	<p>Training and resources to help you protect children from neglect and abuse.</p>
<p><b><u>'Step up Speak up'</u></b> B / I / R / S</p>	<p>Teaching toolkits to support schools understand, prevent and respond to online sexual harassment. The toolkits includes classroom resources and guidance:  (13-17 year olds)</p>
<p><b><u>SchoolBeat</u></b>  R / S / T / W</p>	<p>Providing information and resources for pupils, teachers, parents and partners to reinforce the key messages delivered by our School Community Police Officers in primary and secondary schools as well as alternative educational settings.</p>
<p><b><u>Sense Interactive Resource</u></b> R</p>	<p>Resource to support the delivery of RSE.</p>
<p><b>Sexual Health Outreach</b> <b><u>SRHOutreach.abb@wales.nhs.uk</u></b> k  B / I / In</p>	<p>Provide specific support to individuals identified as 'Vulnerable' to safeguard these individuals and to promote positive sexual health and advice. Also, providing sexual health education and training within the community.</p>
<p><b><u>Spectrum Project</u></b> <b><u>Spectrum@hafancymru.co.uk</u></b> <b>01267 225563</b></p>	<p>Educating schools, pupils and parents in Wales about healthy relationships by taking a whole school approach to tackling domestic abuse.</p>

B / I / In / R / S / T / W	
<b><u>Stonewall Cymru</u></b> <b><u>Education@stonewallcymru.org.uk</u></b> <b>02920 237744</b> B / I / In / R / S / T	Supporting schools to become more LGBTQ+ inclusive.
<b><u>Thinkuknow Toolkit</u></b>           B / I / R	Information and guidance which is appropriate and relevant to the experiences of young people aged 11-18.  The toolkit includes activities that can be delivered as one-off lessons or used as part of young people's relationships and sex education.
<b><u>Umbrella Cymru</u></b> <b><u>info@umbrellacymru.co.uk</u></b> <b>0300 302 3670</b>   I / In / S / T / W	Gender and Sexual Diversity Support Specialists.
<b><u>Harmful Sexual Behaviours Training</u></b>           B / I / S / T	Identifying and responding to harmful sexual behaviours – Education practitioners training session.  The resource contains a session pack and video for education practitioners to enable reflection on responses and procedures around harmful sexual behaviours displayed and experienced by children and young people in an education setting.

**Key:**

B – Bilingual

I – Information website

In – Offer 1-1 / Group intervention work

R – Class resources to support the RSE curriculum

S – Support and professional advice

T – Provide staff training

W – Deliver pupil workshops