

St Martin's School

Ysgol Martin Sant

Hillside, Caerphilly CF83 1UW

Tel. Ffôn: 029 20 858050

Fax. Ffacs 029 20 858051

E-mail E-bost: STMCA@CAERPHILLY.GOV.UK

20 June 2018

Website Safle wê

<http://www.stmartins.caerphilly.sch.uk>

Headteacher/Prifathro: Mr L Jarvis

Dear Parent / Guardian

As part of our school's enrichment day, an opportunity has arisen for pupils within years 7 – 10 to participate in a thrilling woodland Assault Course, as organised by the Faculty of Enterprise on Wednesday 17 July 2018.

The Assault course is the newest activity at the Taff Valley Quad Bike and Activity Centre, near Pontypridd. It covers around 2km using woodland, streams and fields, and is deemed to have one of the biggest cargo net obstacles in the country!

As per their own admission, "the obstacles will cover running, climbing, jumping, crawling, swimming, and balancing elements with the aim of testing team work and endurance." Pupils will be given a scenario and have a challenge to transport vital supplies along the course. They will need to work together to get these supplies over each obstacle, as well getting themselves over them!



Pupils will need to wear trousers not shorts, and long sleeves are preferable. It is recommended that pupils do not wear anything that will get too heavy when wet like jeans, but opt for an old tracksuit or sportswear which is both light and comfortable to move in to manoeuvre easy on the obstacles, while old trainers or old walking boots are the best footwear. Everything they are wearing WILL get wet and muddy. Therefore, all pupils must bring a complete change of clothes to change into afterwards...including underwear and footwear which a lot of people forget, plus a towel to dry off with! There are no available showers, unfortunately, but there is a large changing room which pupils can use afterwards, and a warm hose pipe to quickly wash down before changing! Pupils should have the chance to use the school changing room showers upon our return.

The cost of the activity is £33 which covers use of the assault course; return transport and provision of a helmet for use during the activity. We aim to leave school approximately 8:45am and return to school approximately 1pm. Pupils will also need to take a packed lunch to eat on the day.

Unfortunately, we are restricted to 15 persons for this activity, so in fairness to all, we are offering a policy of first-come first-served.

Should you wish to attend this action-packed event, please complete the following consent form, along with the attached medical consent, and your payment of £33.

Kind regards

Mrs K Joyce – Faculty of Enterprise

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CONSENT FORM:

Assault Course at the Taff Valley Quad Bike and Activity Centre

17 July 2018.

Please return to: Ms Joyce, Faculty of Enterprise

Name of child:..... Form:.....

I agree that my child is able to participate in the Assault Course at the Taff Valley Quad Bike and Activity Centre, on 17 July 2018.

I have enclosed both my medical consent form and payment of £33

Name of parent / guardian (please print)

.....

Signature:..... Date:.....

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*Raising Standards –
Extending Opportunities*

