## Inspired to try the Track?

Wednesday 28<sup>th</sup> Dec 6-8pm If you have enjoyed your session with Welsh Cycling

and are keen to give track cycling a go then book onto our free session at Newport Velodrome on the 28<sup>th</sup> December.

To take part simply fill out your details on the form using the QR below.

The session includes free hire of a track bike, you just need to bring a cycle helmet and sports clothing.

Lycra suits not required.

Scan the code to take part



